



May 14, 2018

E - News

Newark CCSD 66

503 Chicago Road

815.695.5143

www.ngsd66.org

Thank you!

On behalf of all of our teachers and staff, thank you to PTO, Chris Kath and all of you who donated food, sent warm wishes, and gave your time to recognize us! We are so lucky and feel so loved by our community. Thank you for always supporting us!



Our Viking Victory Winners this past week:

Evan Toftoy, Gavin Storey, Taylor Jeffers, Shannon DiClementi, and Mason Hernandez Congratulations and keep up the good work!



Pollinator Garden

See more details of how you can sponsor a bench for the garden on our website at www.ngsd6.org under Quick Links Form is also attached.

May 15 – Band trip Luigi's

Mrs. Heiden visits classrooms

May 17 – Sports Banquet

6:00 pm @ MJH

May 18 – Awards Banquet

1:30 pm @ MJH

Yearbook orders due to office

No more charges for lunch

May 19 – Graduation Dance for 6th – 8th 7 – 9 pm

May 21 – 5th Grade

Orientation/Sports Physicals

BOE Meeting 7 Pm @ MJH

May 22 – 8th Grade Cross

country parent meeting @ NHS 6:00 pm

May 22 – Jeans for Troops

Day

May 23 – Field Day@ NGS &

MJH

May 24th – 8th Grade

Graduation 7:00 pm MJH

May 25th – last day of school

Dismiss at 1:15/1:30 pm

Report Cards home

Foxes Ice Cream in Yorkville

4 – 8 pm our school receives 20% of proceeds!

Follow us on

Facebook

Twitter:

@millbrookjrhigh



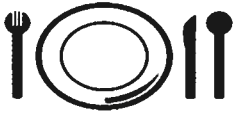


Congratulations to the new PTO Board:

Mrs. Gilly Fordyce, President; Mrs. Amber Schmitt, Vice President

And Mrs. Alyson Cass – Sect/Treasurer.

Time to Dine Dates:



Friday, May 25

Foxes Ice Cream; Yorkville 4- 8

Please turn in registration packets. They are also online @ www.ngsd66.org

August 7th is late registration @ NGS

1:00 – 6:30 (all fees must be paid by then)

Come join us for Popsicles with the Principal too!



Registration Information

And Our Last Class Winner of the year is.....Miss Jones's 1st grade class!

Thank you all for saving Box Tops!



Outdoor Recess:

Please watch the weather and dress your child accordingly. We are outside for recess unless it is raining. Please make sure your child has a jacket. If it is muddy - rain boots are wonderful outside. Please remember as the weather warms up, we do have a dress code students must follow. See the handbook for more details.



All students are required to present appropriate proof of a health examination and the immunizations against, and screenings for, preventable communicable diseases within one year prior to:

1. Entering kindergarten or the first grade;
2. Entering the sixth and ninth grades; and
3. Enrolling in an Illinois school for the first time, regardless of the student's grade.

Proof of immunization against meningococcal disease is required for students in grades 6 and 12. A diabetes screening must be included as part of the health exam (though diabetes testing is not required). Students between the age of one and seven must provide a statement from a physician assuring that the student was "risk-assessed" or screened for lead poisoning. Beginning with the 2017-2018 school year, an age-appropriate developmental screening and an age-appropriate social and emotional screening are required parts of each health examination.

How Important Is Sleep?

For Your Health. .

Students who have trouble grasping new information or learning new skills are often advised to "sleep on it," and that advice seems well founded.

Recent studies reveal that people can learn a task better and also remember what they learned previously if they are well rested. Study volunteers had to sleep at least 6 hours to show improvement in learning. Additionally, the amount of improvement was directly related to how much time they slept. Volunteers who slept 8 hours outperformed those who slept only 6 or 7 hours.

Several other studies show that lack of sleep causes thinking processes to slow down and also makes it harder to focus and pay attention. Lack of sleep can make you more easily confused.

Unlike adults, children who don't get enough sleep at night typically become hyperactive, irritable, and inattentive during the day. They are also at increased risk of injury and behavior problems, and their growth rate may be impaired. Sleep debt appears to be quite common during childhood and may be misdiagnosed as attention-deficit hyperactivity disorder.

So how do you get your kids to go to sleep at night? And more importantly how do you get them to go to sleep at night *regularly*? In this edition of E-News and in several following editions, we will present six tips on how to help your child get the sleep he/she needs.

1. Know how much sleep your child should be getting. Based on your child's age, he will require various amounts of sleep. Here is a general guideline to how much sleep your child needs based on his age:

- **Newborn to 1 year-** Babies require between 14-17 hours of sleep every 24 hours, with newborns requiring the most sleep. After the first month or two of life, many babies are able to sleep through most of the night, and take up to 3 naps during the day and evening. During this period it is important to really begin to establish healthy sleep habits for your child.
- **1 to 3 years-** Most toddlers need about 12-14 hours of sleep, but often get less due to the schedules of parents and older children in the house. They will more than likely lose their early morning nap and early evening nap and tend to only take one nap a day.
- **3 to 6 years-** Approximately 11-12 hours of sleep. Younger children of this group may still require a short nap during the day, but the need to nap usually diminishes by the time they enter the first grade.
- **7 to 12 years-** Most need about 10-12 hours of nightly sleep but often only get about 9-10 hours.
- **13 to 18 years-** Teens require about 8-10 hours of sleep, but rarely get the full amount they need. The demands of schoolwork, after school programs and activities often cut into their nightly sleep. Most teens report getting about 6-8 hours of sleep.

For more information see: [Your Guide to Healthy Sleep](https://www.nhlbi.nih.gov/files/docs/public/sleep/healthy_sleep.pdf) at:

https://www.nhlbi.nih.gov/files/docs/public/sleep/healthy_sleep.pdf

Newark Grade School District 66 | 2017-2018 CALENDAR REVISED

JULY 2017						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

4 Independence Day

JANUARY 2018						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

8 Teacher Institute - No School
9 First Day of Student Attendance after Break
15 M.L. King Day - No School

AUGUST 2017						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

8 Late Registration 12:00-7:00
15 Teacher Institute Day - No School
16 Teacher Institute Day - No School
17 First Day of Student Attendance - MJH 1:15 Dismissal; NGS 1:30 Dismissal

FEBRUARY 2018						
S	M	T	W	Th	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

9 - Snow Day
13 Parent Teacher Conferences
15 Parent Teacher Conferences - MJH 1:15 Dismissal; NGS 1:30 Dismissal
16 No School
19 Presidents' Day - No School

SEPTEMBER 2017						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

4 Labor Day
7 School Improvement Day - MJH 11:15 Dismissal; NGS 11:30 Dismissal

MARCH 2018						
S	M	T	W	Th	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

23 Last Day of Student Attendance. Early Dismissal MJH 1:15 Dismissal; NGS 1:30 Dismissal
26- April 2 Spring Break
30 Good Friday

OCTOBER 2017						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

6 Teacher Institute No School
9 Columbus Day
24 Parent Teacher Conferences
26 Parent Teacher Conferences - MJH 1:15 Dismissal; NGS 1:30 Dismissal
27 No School
31 Halloween

APRIL 2018						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

1 Easter Sunday
2 No School/Spring Break
3 First Day of Student Attendance after Break

NOVEMBER 2017						
S	M	T	W	Th	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

8 School Improvement Day - MJH 11:15 Dismissal; NGS 11:30 Dismissal
22 No School
23 Thanksgiving Day
24 No School

MAY 2018						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

11 School Improvement Day - MJH 11:15 Dismissal; NGS 11:30 Dismissal
13 Mother's Day
25 Last Day of Student Attendance - MJH 1:15 Dismissal; NGS 1:30 Dismissal
28 Memorial Day
29, 30, 31 Emergency Days

DECEMBER 2017						
S	M	T	W	Th	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

22 Last Day of Student Attendance. Early Dismissal MJH 1:15 Dismissal; NGS 1:30 Dismissal
25 Christmas Day
26 Winter Break until January 8

JUNE 2018						
S	M	T	W	Th	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

1 Emergency Day
17 Father's Day

Calendar Template © www.calendarlabs.com



Newark CCSD 66 | 2018-2019 CALENDAR

4 Independence Day

JULY 2018						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
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29	30	31				

JANUARY 2019						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

7 Teacher Institute No School
8 Classes Resume
18 Early Dismissal MJH 1:15 Dismissal; NGS 1:30 Dismissal
21 M.L. King Day No School

7 Late Registration 1:00 – 6:30
14 Teacher Institute Day – No School
14 – New Year's Eve 5:30 – 6:30 and 6:00 – 7:00 (MJH)
15 Teacher Institute Day – No School
16 First Day of Student Attendance – MJH 1:15 Dismissal; NGS 1:30 Dismissal

AUGUST 2018						
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FEBRUARY 2019						
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

13 Parent Teacher Conferences 4 – 7 pm
14 Parent Teacher Conferences 2 – 7 pm – MJH 1:15 Dismissal; NGS 1:30 Dismissal
15 No School
18 Presidents' Day No School

3 Labor Day No School
6 School Improvement Day – MJH 11:15 Dismissal; NGS 11:30 Dismissal

SEPTEMBER 2018						
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MARCH 2019						
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

13 School Improvement Day – MJH 11:15 Dismissal; 11:30 NGS Dismissal
25-29 Spring Break No School

5 Teacher Institute No School
8 Columbus Day No School
17 Parent Teacher Conferences 4 – 7 pm
18 Parent Teacher Conferences 2 – 7 pm – MJH 1:15 Dismissal; NGS 1:30 Dismissal
19 No School
31 Halloween

OCTOBER 2018						
S	M	T	W	Th	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

APRIL 2019						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

1 Classes Resume
19 Good Friday No School
21 Easter Sunday
22 Easter Monday No School

11 Veterans Day
14 School Improvement Day – MJH 11:15 Dismissal; NGS 11:30 Dismissal
21 No School
22 Thanksgiving Day No School
23 No School

NOVEMBER 2018						
S	M	T	W	Th	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
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MAY 2019						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

10 School Improvement Day – MJH 11:15 Dismissal; NGS 11:30 Dismissal
12 Mother's Day
24 Last Day of Student Attendance – MJH 1:15 Dismissal; NGS 1:30 Dismissal
27 Memorial Day
28,29,30,31 Emergency Days

21 Last day of Student Attendance. Early Dismissal MJH 1:15 Dismissal; NGS 1:30 Dismissal
24 Winter Break until Jan. 8th
25 Christmas Day

DECEMBER 2018						
S	M	T	W	Th	F	S
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JUNE 2019						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

3 Emergency Day
16 Father's Day

Garden Bench Sponsorship Form

The cost of the two seat bench is \$65.00 for materials. The boy scouts will be making the Leopold Benches. We will use them on the outer circle of the garden for outdoor education.

* Required

1. Name *

2. Email *

3. Address *

4. Phone number

5. What name would you like on the bench?

6. Payment options

Mark only one oval.

- Cash to Newark Grade School
- Check - made payable to Newark Grade School
- Credit Card - payable in the NGS office only



2018 Fall Soccer

Kindergarten - 4th Grade

Walk-In Registration for Lisbon and Newark

Wednesday	May 9th	6pm - 7:30pm	Newark Grade School
Saturday	May 12th	8am - 10am	Lisbon Grade School
Thursday	May 17th	6pm - 7:30pm	Newark Grade School
Saturday	May 19th	8am-10am	Lisbon Grade School

Unable to attend a Walk-In Registration? Forms are available on our website:
<http://newarkbaseballsoftball.weebly.com/registration-information.html>

Forms can also be mailed to:
Lisbon/Newark Baseball Softball Association
P.O. Box 226, Newark, IL 60541

All registration forms **MUST** be received by May 30th in order to guarantee a spot on a team. All registrations received after this date will be placed on a waitlist, but this does not guarantee your player a spot on a team.

Any questions, please contact one of us and we will gladly help.

Cory Davidson
815-303-3835

Melanee Beeks
630-742-3179

Brian Redmond
630-742-2463



**Lisbon and Newark Fall Soccer
2018 Family Registration Form
One per Family**

Last Name: _____

Address: _____

City: _____ Zip: _____

Email: _____

Home Phone: _____ Cell Phone: _____

Level: <small>Circle Grade</small>	Child's First Name:	Date of Birth:	Fee:
K, 1 st , 2 nd , 3 rd 4 th Grade	_____	___/___/___	\$45.00
	Shirt Size _____		
K, 1 st , 2 nd , 3 rd 4 th Grade	_____	___/___/___	\$45.00
	Shirt Size _____		
K, 1 st , 2 nd , 3 rd 4 th Grade	_____	___/___/___	\$45.00
	Shirt Size _____		
K, 1 st , 2 nd , 3 rd 4 th Grade	_____	___/___/___	\$45.00
	Shirt Size _____		

Parent Signature: _____

Total: \$ _____

Check # _____